

Bermuda BJJ Waiver and Release of Liability Agreement

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Waiver and Acknowledgment of Risk

By creating an account with Bermuda BJJ, I confirm that I have read, understood, and agreed to the following:

I understand that Brazilian Jiu-Jitsu (BJJ) is a physical martial art that involves close-contact training and sparring, and carries inherent risks of injury, including but not limited to bruises, sprains, strains, broken bones, head injuries, and in rare cases, more serious injuries. Bermuda BJJ takes reasonable steps to provide a safe training environment, but these risks cannot be eliminated entirely.

I voluntarily accept these risks for myself (or my child, if applicable) and agree to participate in training and activities at Bermuda BJJ with full understanding of these risks.

Medical Fitness to Participate

I confirm that I (or my child) am physically fit and healthy enough to participate in Brazilian Jiu-Jitsu training. I have disclosed any relevant medical conditions to Bermuda BJJ and understand that it is my responsibility to seek medical advice if I have concerns about my (or my child's) fitness to train.

Release of Liability

To the fullest extent permitted by law, I waive, release, and discharge Bermuda BJJ, its owners, instructors, employees, volunteers, and fellow students from any and all liability for injuries, damages, losses, or claims arising from participation in training, classes, events, or any activities

connected to Bermuda BJJ, whether caused by negligence or otherwise.

I accept full responsibility for any injury or damage sustained by myself (or my child) during participation.

Photography and Media

I give permission for Bermuda BJJ to use photographs or video of me (or my child) for lawful promotional and social media purposes. I understand that names or identifying information will not be used without my explicit consent.

Code of Conduct

I (or my child) agree to respect the rules, instructors, and fellow students of Bermuda BJJ at all times, and to uphold the values of safety, respect, discipline, and good sportsmanship.

Agreement

By continuing with registration, I confirm that I have read and agree to this waiver in full. I understand that my agreement will be recorded digitally and kept on file as part of my membership with Bermuda BJJ.